

What can your gift do?

\$40 per pay period

- Provides an adult with career coaching, a 10 week job training program, and financial coaching that will lead to increased family earnings.
- Sustains one child in an after school and summer program for a year.

\$20 per pay period

- Provides clothing and shoes for a family of four whose home has burned.
- Feeds a shelter of cats and dogs for one week.

\$10 per pay period

- Provides meals for approximately 100 women and children for one month.
- Pays for one night of shelter and three meals for a family.

\$5 per pay period

- Protects 25 acres of tropical rainforest and farmland.
- Pays for one month of meals (Monday-Friday) for 20 seniors.

\$1 per pay period

- Buys school supplies for 3 low-income children.
- Provides a low-income, uninsured person a month of prescription medication.

Combined Federal Campaign of South Hampton Roads

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www.cfcshr.org



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Combined Federal Campaign
of South Hampton Roads



**Together,
we can make
a difference**



The Combined Federal Campaign (CFC) is the workplace fundraising campaign for federal employees.

- **Military**
- **Postal**
- **Civilian**

The CFC is your opportunity to give to the charities of your choice.

Why should I give through the CFC?

Choice. Convenience. Confidence. Care.

Choice.

- You choose which charities receive your gift.
- You choose how much you want to give and how you want to give; by cash, check or payroll deduction (easiest).

Convenience.

- Giving via payroll deduction allows you to spread your gift over the course of a year, allowing you to give more generously.

Confidence.

- The CFC is a safe and proven program. It's been around for 50 years.
- All charities which participate in the CFC are screened by federal employees (LFCC) using the same objective criteria.

Care.

- Your gift improves the quality of life for you and your neighbors in South Hampton Roads, across the country and around the world.

Together, we can make a difference

The campaign takes place between September 1st and December 15th. Your CFC coordinator will contact you with information about how to give through the CFC.

Pledge Online Today

www.cfcsr.org



"I give through the CFC because..."

"The CFC of South Hampton Roads is proudly part of our nation's most inclusive workplace giving campaign that supports over 20,000 charitable organizations worldwide. These organizations promote and support the caring for, nourishing, developing, or enhancement of lives and our planet. I encourage each of you to take a few moments to review the local, national and international charities participating in our 2012 campaign, and consider donating to one or more that meet your unique desire to help. You can make a difference!"

- CAPT George Womack, USN, Retired

Navy Region Mid-Atlantic
LFCC Chair, 2008-2012

"I support CFC because it has allowed me to give to local and national organizations of my choice consistently for 28 years."

- Karen W. Colden - USPS, In-Plant Support

"Contributing to CFC makes you feel good about helping to improve the quality of life for people right here in Hampton Roads."

- Jay Legum - Office of the US Trustee

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